ACCORDING TO THE NORTHERN HEALTH AUTHORITIES ONLY FULLY VACCINATED CAN ATTEND THE SERVICES IN PERSON

Monday, February 21

VENERABLE TIMOTHY OF SYMBOLA NO SERVICE

TUESDAY, FEBRUARY 22

FINDING THE RELICS OF THE HOLY MARTYRS IN EUGENIA

9:00AM - DIVINE LITURGY

WEDNESDAY, FEBRUARY 23

PRIEST MARTYR POLYCARP

9:00AM – DIVINE LITURGY

THURSDAY, FEBRUARY 24

1 AND 2 FINDING OF THE HEAD OF ST JOHN THE BAPTIST

9:00AM - DIVINE LITURGY

FRIDAY, FEBRUARY 25

HOLY FATHER TARASIUS 9:00AM – DIVINE LITURGY

SATURDAY, FEBRUARY 26

Holy Father Porphyrius

8:30am – Matins

GREAT VESPERS ON THE GO (THE COLDEST NIGHT OF THE YEAR)





PRAYER OF INTERCESSION TO SAINT GEORGE

Faithful servant of God and invincible martyr, Saint George; favored by God with the gift of faith, and inflamed with an ardent love of Christ, You did fight valiantly against the dragon of pride, falsehood, and deceit. Neither pain nor torture, sword nor death could part You from the love of Christ. I fervently implore You for the sake of this love to help me by Your intercession to overcome the temptations that surround me, and to bear bravely the trials that oppress me, so that I may patiently carry the cross which is placed upon me; and let neither distress nor difficulties separate me from the love of Our Lord Jesus Christ. Valiant champion of the Faith, assist me in the combat against evil, that I may win the crown promised to them that persevere unto the end. Amen



to all who mourn or need comfort; to all who are weary and need rest; to all who seek friendship; to all who desire to grow in relationship with God; to all who yearn to pray; to all who need a Saviour, and in the name our Lord, says: WELCOMEI

CONTACT US

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HOLY MYSTERIES

SO CONFESSION/CHOBIAL CA every Saturday: 4:00-4:50pm or by appointment
HOLY COMMUNION / CB. ПРИЧАСТЯ CA for the sick, by appointment, any time
BAPTISM/XPELLEHHЯ CA by appointment
MARRIAGE / BIHYAHHЯ CA 6 months notice should be given to the parish priest, and he should be contacted before any other arrangements are made
FUNERAL / ΠΟΧΟΡΟΗ CA by appointment



This Sunday sets before us the eschatological dimension of the Great Lent: it is a preparation for the Second Coming of the Savior, for the eternal Passover in the Age to Come, a theme that is also the focus of the first three days of Holy Week. But the judgment is not only in the future. Here and now, each day and each hour, in hardening our hearts toward others and in failing to respond to the opportunities we are given of helping them, we are already passing judgment on ourselves.

Another theme of this Sunday is that of love. When Christ comes to judge us, what will be the criterion of His judgment? The parable of the Last Judgment answers: love—not a mere humanitarian concern for abstract justice and the anonymous "poor," but concrete and personal love for the human person—the specific persons that we encounter each day in our lives.

Christian love is the "possible impossibility" to see Christ in another person, whoever he or she is, and whom God, in His eternal plan, has decided to introduce into my life, be it only for a few moments, not as an occasion for a "good deed" or an exercise in philanthropy, but as the beginning of an eternal companionship in God Himself. *Troparion, T.6:* Angelic powers were upon Your tomb* and the guards became like dead men;* Mary stood before Your tomb* seeking Your most pure body.* You captured Hades without being overcome by it.* You met the Virgin and granted life.* O Lord, risen from the dead,* glory be to You!

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, T.1: When You come on earth, O God, in glory,* and the universe trembles,* while the river of fire flows before the seat of judgement,* and the books are opened and all secrets disclosed,* then deliver me from the unquenchable fire,* and count me worthy to stand at Your right hand,* O Judge who are most just.

Prokeimenon, T.3: Great is our Lord and great is His strength;* and of His knowledge there is no end.

verse: Praise the Lord, for a psalm is good; may praise be sweet to Him.

A Reading from the first Epistle of St Paul to the Corinthians(8:8-9:2): Brothers and Sisters, "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols?

So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are you not my work in the Lord? If I am not an apostle to others, at least I am to you; for you are the seal of my apostleship in the Lord.

Alleluia, T.8

verse: Come, let us rejoice in the Lord; let us acclaim God our Saviour. *verse:* Let us come before His face with praise, and acclaim Him in psalms.

Gospel: Matthew 25:31-46

Communion Hymn: Praise the Lord from the heavens;* praise Him in the highest.* Rejoice in the Lord, O you just;* praise befits the righteous.* Alleluia, alleluia,* alleluia.

Тропар г.б. Ангельські сили на гробі Твоїм* і сторожі омертвіли;* Марія ж стояла при гробі,* шукаючи пречистого тіла Твого.* Полонив Ти ад і, не переможений від нього,* зустрів Ти Діву, даруючи життя.* Воскреслий з мертвих, Господи, слава Тобі!

Слава Отцю, і Сину, і Святому Духові. І нині, і повсякчас, і на віки вічні. Амінь.

Кондак, г.1: Коли прийдеш, Боже, на землю зо славою і затріпоче все, * а ріка вогненна потече перед судищем, * і книги розгорнуться, * і таємне з'явиться, * – тоді ізбав мене від вогню невгасимого * і сподоби мене праворуч Тебе стати, * Судде найправедніший.

Прокімен г.3: Великий Господь наш і велика сила Його, і розумові Його немає міри.

Стих: Хваліте Господа, бо благий псалом, Богові нашому нехай солодке буде хваління

До Коринтян послання Св. Апостола Павла читання 8, 8 - 9, 2: Браття *i Сестри*, страва не зближує нас до Бога: ні як не їмо, не тратимо нічого, ні як їмо, не користаємо нічого. Але глядіть, щоб ця ваша свобода не стала причиною падіння для слабких. Бо коли хто бачить тебе, що маєш знання, як ти у капищі сидиш за столом, чи його совість, тому що слабка, не буде заохочена їсти ідоложертовне ? І так через твоє знання може погибнути немічний брат, за якого помер Христос. Грішивши так проти братів і ранивши їх слабку совість, грішите проти Христа. Тому, як страва призводить брата мого до гріха, повік не буду їсти м'яса, щоб не блазнити мого брата. Хіба я не вільний? Хіба я не апостол? Хіба я Ісуса, Господа нашого, не бачив? Хіба ви не моє діло у Господі? Коли іншим я не апостол, то – вам, бо ви достовірний доказ у Господі мого апостольства.

Алилуя г.8:

Стих:Прийдіте, возрадуємося Господеві, воскликнім Богу, Спасителеві нашому.

Стих: Ідім перед лицем Його з ісповіданням і псалмами воскликнім Йому.

Евангеліє: Матея 25, 31-46

Причасний: Хваліте Господа з небес,* хваліте Його на висотах.* Радуйтеся, праведні, у Господі, правим належить похвала. * Алилуя (х3).

PARISH ANNOUCEMENTS

CONGRATULATIONS to 2022 Parish Council Executive:
 President – HARRY BUCKLIN; 1st Vice-president – IAN WALLACE;
 2nd Vice-president – Ivan Danilec Secretary – BARBARA WALLACE;
 Treasurer – PATRICIA SCOTT; Social Coordinator – Carol Sullivan Hall Coordinator – GEORGINA PAWLUK.

May God bless you in your work for the good of the parish.

Prayer for a New Executive: Lord Our God, we thank You for providing us with a New Executive of the Parish Council, a dedicated team of men and women, who work hard in Your service. Lord we pray for each one – that they would keep You as the focus of their life and that they may be surrendered to You in thought, word and deed. Give each one godly wisdom day by day and keep them from adopting the actions and attitudes of the world, in order to accomplish Your work in our parish. Lord, give each member of our Parish Council a servant heart and a caring spirit for the whole body of Christ – and may each one continue to grow in grace and show forth in their lives and homes a genuine love for those to whom they serve and a deep love for the Lord Jesus Christ, in Whose name we pray. Amen.

◆ DUES RENEWAL. Reminding for the UCWLC members: Payment for 2022 membership dues now being accepted. Please, contact Mrs. Guillerma Yarocki.

THANK YOU TO ALL OUR PARISHIONERS – **ДЯКУЄМО** – Many thanks to everyone for your great support of our parish community and sharing of talents and resources for the needs of our parish community during this past week. God bless you all.

• UCWLC - NEXT MEETING will take place on Sunday March 6th, 2022 following the Divine Liturgy.

◆ **PEROGY MAKING BEE** will take place on Saturday, **February 26**, 2022. Please, come and help us with this fundraising event.

◆ GREAT FAST 2022 (Великий Піст) will start on Monday, February 28th, 2022. Please remember that the First Day of Lent is a STRICT FAST from all meat, eggs, and dairy products. Originally, this "Black Fast" was kept for the entire 40 day of Lent. Our Holy Mother Church has since lessened our load by applying this strict fast to just the First and Last day of Lent (Good Friday). Outside of the regular meatless Friday we should also try to keep Wednesday meatless, increase our almsgiving and works of charity, as well increase the amount of time we spend in prayer.

• NEXT SUNDAY please stay after the Divine Liturgy for the COMMUNAL RIGHT OF MUTUAL FORGIVENESS.

Before beginning our Great Fast (Lenten) Journey together, as a parish family community, it is important for us to express to each other our desire to forgive each other for anything that we may have done that may have hurt or offended someone over the past year, or indeed during our life time so that we can be free without these heavy burdens to walk together as a united family as true daughters and sons of God! This Communal Right of Mutual Forgiveness is not the Mystery/Sacrament of Reconciliation (Confession) and does not replace that Mystery/Sacrament, but rather is a tangible sign to each other of our forgiveness and also the experience of being forgiven. Hence there is no need to name our offenses, but rather with total sincerity in our hearts let us say to each other: "Forgive me sister/ brother" and answer with sincerity and love, "May God have mercy on you, and I forgive you."



◆ EASTER EGGS/PYSANKY WORKSHOP FOR CHILDREN. On Sunday, APRIL 3rd, we invite the children of all ages to Easter Eggs/Pysanky workshop. It will take place after the Divine Liturgy in the parish hall. Parents and grandparents are welcome to participate and help us with this parish event.

◆ PRAYER REQUEST: PLEASE REMEMBER the sick and infirmed of our Parish in your prayers: BERNICE KALTWASSER, ROSEMARIE PROKOPCHUK, BARBARA WALLACE, DAVE SULLIVAN, MIKE LUTZ, PAUL ROZNER, WALTER MELNYK, & all who have asked us to pray for them

◆ Please, make sure you pick up your **TAX RECEIPT for 2021** at the back of the church.

◆ DEEPEST WORDS OF GRATITUDE to all those who continue financially supporting our parish. Sunday donations: February 13th – \$624.00 May Our Lord reward you richly with his heavenly and earthly blessings.

◆ CONGRATULATION TO LISA SCOTT who celebrate her Birthday. May the Almighty God bless them all with good health and salvation in Many Happy & Blessed Years of Life. Mnohaya I Blahaya Lita!

◆ **BEQUESTS AND WILLS:** Leaving a bequest is a process of giving a donation through your will. It is simply a distribution from your estate to a charitable organization through your last will and testament. It can be as small or as large a donation as you wish. It is important that you talk to your lawyer about the process. In your kindness please remember St. George's Ukrainian Catholic Church in your bequests and wills. If anyone

wishes to make such a bequest in their will, the following clause may be included or added to a will: "*I give, devise, and bequeath to St. George's Ukrainian Catholic Parish - 2414 Vanier Dr, Prince George, BC., the sum of \$_ (or _% of my estate), to be used for the benefit of the parish and it's pastoral activities.*"

• COME AND EXEPIENCE AN ANCIENT PRAYER: THE GREAT CANON OF SAINT ANDREW, BISHOP OF CRETE. What is the Great Canon of St Andrew?



The canon is a prayer in a form of dialog between St. Andrew and his soul. The ongoing theme is an urgent exhortation to change one's life. St. Andrew always mentions his own sinfulness placed in juxtaposition to God's mercy. He uses literally hundreds of references to good and bad examples from the Old Testament

and the New Testament to "convince himself" to repent.

The Canon is associated with Great Lent, since the only times it is appointed to be read in church are the first four nights of Great Lent (Clean Monday through Clean Thursday, when it is serialized) and at Matins for Thursday of the fifth week of Great Lent, when it is read in its entirety. The Schedule of the Canon in our parish is the following:

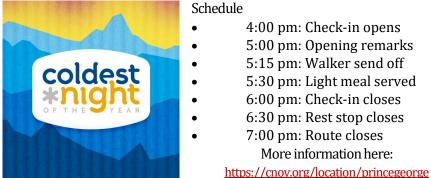
- Monday,	February 28	3 – 6:00pm – Part 1
- Tuesday,	March 1	– 6:00pm – Part 2
- Wednesday	, March 2	- 6:00pm - Part 3
- Thursday,	March 3	- 6:00pm - Part 4

◆ THANK YOU. On behalf of the Ukrainian Catholic Eparchy of New Westminster and myself, we would like to thank all who took part in our global fundraising program, "Christmas Candle/Різдвяна свічка", for Caritas Ukraine. Because of all your generous donations, we were able to help needy, disadvantaged, disabled and orphaned children in Ukraine. This year we raised \$1,930 (\$100 from our parish), bringing us to a total of \$35,278 collected for Caritas Ukraine since our appeal started in 2012.

Щиро дякуємо всім тим що взяли участь і нехай Бог благословить Bac. Thank You and God Bless - Dana Koren Lupynis.

For more information, please contact Dana Koren Lupynis, Natalia Lupynis or Emelia Lupynis at nweparchy.christmascandle@gmail.com and follow us on Facebook at Caritas "Christmas Candle/Різдвяна свічка" Campaign, sponsored by NWEparchy.

♦ THE COLDEST NIGHT OF THE YEAR (CNOY) is a family-friendly walk to raise money for local charities serving local people. On February 26, our St. George's team is going to join it. Together with thousands of Canadians across the country, we're walking and fundraising to support and serve people experiencing homelessness, hurt, hunger in our community. Save the date - CNOY Day is February 26, 2022!



If you wish to sponsor team St. George's go to: https://secure.e2rm.com/registrant/TeamFundraisingPage.aspx?teamID=970829

◆ EMERGENCY HUMANITARIAN AID TO THE PEOPLE IN UKRAINE: In recent months, the threat of a large-scale escalation of military conflict in Ukraine by Russia advances. Yet, we oftentimes forget the "Forgotten War," the already eight-year conflict brought about Russia in eastern Ukraine with some 2.9 million people impacted by the existing conflict and already in need of humanitarian assistance and protection. The immediate threat of escalated potential military action only highlights the need for an emergency humanitarian response on our part towards the purchase of



food, water, basic hygiene, medicine, psychological support, shelter, evacuation, protection, and so on. Can you help your brothers and sisters in need?

Parishes are invited to take up an emergency humanitarian collection to aid the people in Ukraine. The donated funds are to be sent to the Pastoral Centre, who in

turn will forward them to our partner Catholic Near East Welfare Association (CNEWA Ottawa), who are coordinating humanitarian relief efforts with Caritas Ukraine.

To stay informed on the greatest need and the developing humanitarian efforts, visit CNEWA's website (cnewa.org/ca). Individuals can also donate directly to <u>CNEWA</u>.

LOCAL ANNOUNCEMENTS

◆ EMPLOYMENT OPPORTUNITIES:

- **"Hope for Women"** - Ultrasound Technician Advokate, the Pro-Life organization which runs Prince George's "Hope for Women" pregnancy centre, is looking to hire an ultrasound technician from Prince George or the surrounding area to operate the centre's new ultrasound equipment. The ideal candidate has a diploma in Sonography and shares the same life-affirming values that Advokate holds. The job has flexible days and hours and is available immediately. Contact 250-562-4464

- **Superintendent of Schools** – Diocese of Kamloops The Roman Catholic Diocese of Kamloops has posted a position for the Superintendent of Schools. Please see the attached Job aid or visit their online posting at https://www.rcdk.org/employment-opportunities

◆ RACHEL'S VINEYARD RETREATS Many women, men, couples and relatives who have had an abortion experience suffer emotional and spiritual pain, afraid to reveal their deep secret. You are invited to come on a Rachel's Vineyard Weekend Retreat to receive God's mercy, compassion and grace to replace shame, guilt, anger and grief. Registration is open, Confidentiality is assured.

Kelowna Retreat – March 11-13, Call: 250-762-2273 Email: info@rachelsvineyardkelowna.com Website: rachelsvineyardkelowna.co **Cache Creek Retreat – May 3-5, 2022** Call or text: 250-267-5081 Email: rvkamloops@yahoo.ca If you or someone you know is suffering from an abortion experience, there is no need to suffer in silence, Rachel's Vineyard is here to help.

HELPFUL GUIDELINES FOR CONFESSION



Before confession one should attempt to recall all the sins which one has committed voluntarily or involuntarily. One must attentively re-examine one's life in order to recall not only those sins committed since the last confession, but also those which have not been confessed through forgetfulness or shame. Then, with compunction and a contrite heart, approach the Cross and the Gospel and begin the confession of your sins.

1. Confess your sins honestly, remembering that you open them not to a man, but to God Himself. God knows your sins already and only wants your admission of them. You should not be embarrassed before the priest for he is a person just as you are. He knows human shortcomings well, and a

person's tendency towards sin. Never feel embarrassed to confess before the priest. You will never lose his good opinion; on the contrary, your spiritual father will have all the more love for you when he sees your open, honest confession.

2. Be specific when you confess, listing all your sins separately. St. John Chrysostom says: "One must not only say: I have sinned, or I am sinful, but one must declare each type of sin." "The revelation of sins," says St. Basil the Great, "is subject to the same law as the declaration of physical ills..." The sinner is spiritually ill, and the spiritual father is the physician or healer. It stands to reason that one must confess or tell about one's sins in the same way as one who is physically ill describes the symptoms of his illness to a physician from whom he expects to receive healing.

3. Do not mention anyone else during confession, i.e. do not complain about anyone or confess anyone else's sins. When you fall into this trap you no longer are confessing your own sins, but are bordering on judgment of others.

4. Do not attempt to justify yourself in any way during confession: blaming weakness, custom, etc. The more one justifies himself during confession, the less one is justified by God. The more one honestly denounces, judges and accuses oneself, the more one is justified in the eyes of God.

5. When questioned by the priest, answer honestly and try your best to remember your sins. If the priest asks questions he is not trying to embarrass you, but is trying to help you come to a deeper sense of repentance and closeness to God.

6. Unless asked by your spiritual father, do not list the sins you have not committed or things you have not done. By doing this, we can become like the Pharisee of the Gospel.

7. You must confess with sorrow and a contrite heart the sins by which you have grieved our Lord God. And you must always confess with a sense of remorse and seriousness, never casually, or in laughter.

8. Confess your sins with faith in Jesus Christ, and with hope in His mercy. Only with faith in Jesus Christ and hope in Him can each of us receive forgiveness of our sins. Without faith, we cannot receive remission. An example of this is Judas—who was remorseful of what he did, but did not have faith in Jesus, nor hope in His mercy, and thus ended his own life.

9. Finally, it is important to say something about what is often called: 'the seal of confession'. The Church of Christ binds the priest to reveal nothing of what is said in the context of your sacramental confession (even in a civil court of law!) So be at peace...