WEEKLY SCHEDULE

MONDAY, NOVEMBER 28

No Service

TUESDAY, NOVEMBER 29

9:00AM - DIVINE LITURGY

WEDNESDAY, NOVEMBER 30

9:00am - Emmanuel Moleben'

THURSDAY, DECEMBER 1

9:00AM - DIVINE LITURGY

FRIDAY, DECEMBER 2

9:00AM - DIVINE LITURGY

SATURDAY, DECEMBER 3

5:00рм - НЕДІЛЬНА СЛУЖБА БОЖА (УКРАЇНСЬКОЮ)

26TH SUNDAY AFTER PENTECOST DECEMBER 4,



09:30am - ROSARY 10:00am - DIVINE LITURGY (BILINGUAL)

PRAYER FOR PEACE IN UKRAINE

O Lord Jesus Christ, our God, we entreat You to hear the earnest prayer of Your beloved Church of Kyivan Rus' for her deeply afflicted children abiding in the land of Ukraine. Behold their grave sorrow and grievous plight, and speedily come to their aid. Deliver Your vulnerable people from unjust aggressors, foreign invasion and the terror of war. Strengthen courageous defenders of the nation to fight virtuously, inspired more by love of those they protect than hatred of the enemy.

O compassionate Lord, shelter the displaced, heal the wounded, console the orphan, protect the widow, comfort those who mourn, and mercifully receive into Your Kingdom those who have nobly died guarding their homeland against every aggression. Quickly make cease the spilling of blood of friend and foe alike, yet stir many to bravely struggle for that true justice which alone can bring lasting peace.

O kind-hearted Lord, as You are our peace, soften the hearts of the unmerciful and convert those who promote hostilities toward reconciliation, so that Your beloved children of the land of Ukraine, may abide in that tranquility, justice and freedom which reflects your Kingdom, where You reign with Your eternal Father, and Your most holy, good and life-giving Spirit, now, and forever and ever. Amen.



SAINT GEORGE'S

UKRAINIAN CATHOLIC CHURCH УКРАЇНСЬКА КАТОЛИЦЬКА ЦЕРКВА

кічы олоткар

opens wide its doors

to all who mourn or need comfort; to all who are weary and need rest; to all who seek friendship; to all who desire to grow in relationship with God; to all who yearn to pray; to all who need a Saviour, and in the name our Lord, says:

WELCOMEI

CONTACT US

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Prince George BC, V2N 1T7 **PHONE:** (250) ~ 563 ~ 2015 (Church)

(250)~563~7240 (Rectory)

E-MAIL: pgparish@yahoo.com

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HOLY MYSTERIES

∞ CONFESSION/СПОВІДЬ СЯ

every Saturday: 4:00-4:50pm or by appointment

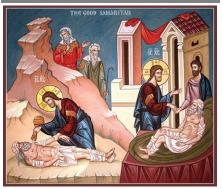
№ HOLY COMMUNION / CB. ПРИЧАСТЯ С

for the sick, by appointment, any time

∞ Marriage / Вінчання са

6 months notice should be given to the parish priest, and he should be contacted before any other arrangements are made

NOVEMBER 27, 2022 25 SUNDAY AFTER PENTECOS



Let us not hurry past so pitiable a sight without taking pity. Even if others do so, you must not. Do not say to yourself: 'I am no priest or monk... This is a work for the priests; this is work for the monks.' The Samaritan did not say: 'Where are the priests now? Where are the Pharisees now? Where are the teachers of the Jews?'... Therefore, when you see someone in need of treatment for some ailment of the body or soul, do not say to yourself: 'Why did so-and-so or so-and-so not take care of him?' You free him from his sickness; do not demand an accounting from others for their negligence. ... Jeremiah said: 'He who has brought forth the precious from the vile will be as my mouth.' What could we compare to that? No fasting, no sleeping on the ground, no watching and praying all night, nor anything else can do as much for you as saving your brother can accomplish."

Saint John Chrysostom

Troparion, T. 8: You came down from oh high, O Merciful One,* and accepted three days of burial* to free us from our sufferings.* O Lord, our life and our resurrection,* glory be to You.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, T. 8: When You rose from the tomb,* You also raised the dead and resurrected Adam.* Eve exults in Your resurrection,* and the ends of the world celebrate Your rising from the dead,* O most merciful One.

Now and for ever and ever. Amen.

Theotokion, T. 8: To you, O Mother of God,* the invincible leader,* we, your servants, ascribe these victory hymns* in thanksgiving for our deliverance from evil.* With your invincible power free us from all dangers* that we may cry out to you:* "Hail, O bride, and pure Virgin!"

Prokeimenon, T. 8 Pray and give thanks to the Lord our God. *verse*: In Judea God is known; His name is great in Israel.

A Reading from the Epistle of St. Paul to the Ephesians (4:1-6) Brothers and Sisters, I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all.

Alleluia, T. 8

verse: Come, let us rejoice in the Lord; let us acclaim God our Saviour.

verse: Let us come before His countenance with praise and acclaim Him with psalms.

Gospel: Luke 10:25-37

Communion Hymn Praise the Lord from the heavens;* praise Him in the highest.* Alleluia (x3)

Тропар (гл 8): З висоти зійшов Ти, Милосердний,* і триденне погребення прийняв Ти,* щоб нас звільнити від страждань.* Життя і воскресіння наше,*Господи, слава Тобі.

Слава Отцю, і Сину, і Святому Духові.

Кондак (гл 8): Коли Ти воскрес із гробу,* то й померлих підняв,* і Адама воскресив;* радіє Єва воскресінням Твоїм* і кінці світу прославляють* Твоє з мертвих воскресіння,* Багатомилостивий.

І нині, і повсякчас, і на віки вічні. Амінь.

Богородичний (гл 8): Тобі, вибраній Владарці,* подячні пісні перемоги співаємо* ми, вратовані від лиха,* слуги Твої, Богородице.* Ти, що маєш силу нездоланну,* захорони нас від усяких бід, щоб звати нам:* Радуйся, Невісто, Діво чистая!

Прокімен (гл 8): Помоліться і хвалу віддайте* Господеві, Богу нашому.

Стих: Відомий Бог у Юдеї, в Ізраїлі велике ім'я Його.

До Ефесян послання Св. Апостола Павла читання (4, 1-6): Браття і Сестри, благаю вас я, Господній в'язень, поводитися достойно покликання, яким вас візвано, в повноті покори й лагідности, з довготерпеливістю, терплячи один одного в любові, стараючися зберігати єдність духа зв'язком миру. Одне бо тіло, один дух, і в одній надії вашого покликання, яким ви були візвані. Один Господь, одна віра, одне хрещення. Один Бог і Отець усіх, що над усіма й через усіх і в усіх.

Алилуя (гл 8):

Cmux: Прийдімо з похвалами пере обличчя Його, і псалмами воскликнім Йому.

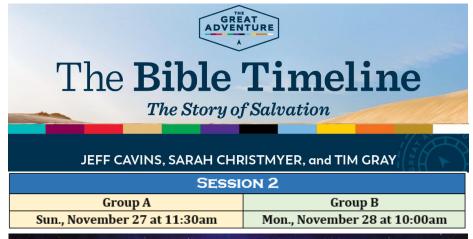
Стих: Хваліте Господа з небес, хваліте Його на висотах.

Євангеліє: Лк 10, 25-37

Причасний: Хваліте Господа з небес,* хваліте Його на висотах. Алилуя (х3).

PARISH ANNOUCEMENTS

- ♦ BIG THANK YOU to ZOFIYA KUDRYK and LEONA ZALUSKI for cleaning and preparing the parish hall to Holodomor commemoration.
- ◆ PRAYER REQUEST: PLEASE REMEMBER the sick and infirmed of our Parish in your prayers: BERNICE KALTWASSER, ROSEMARIE PROKOPCHUK, MIKE & HELEN LUTZ, BARBARA & IAN WALLACE, BETH PAWLUK, DAVE SULLIVAN, LARRY ZALUSKI, PAUL ROZNER & all who have asked us to pray for them.
- ♦ BIG THANK YOU. The preparation for our Annual Christmas Bazaar is almost finished. A Huge Thank You to all our helpers and volunteers for their time, talents, and kindness. May Our Lord reward you richly with all His blessings. Our ANNUAL CHRISTMAS BAZAAR will take place on DECEMBER 3RD, 2022. Please, save this date, come yourself and bring your friends and relatives.
- ▶ INVITATION The 7th Miracle Theatre of Prince George production, Dancing Lessons. Dancing Lessons will open on March 30, 2023 and run until April 19 at the Knox Performance Space it is a delightful comedy about a unique romantic couple. This year production of the Theatre will benefit Share Hope and their great work to support the new Ukrainians in Prince George! Tickets go on sale soon so make sure that you put them in the stockings.
- ◆ CONGRATULATION to MARY KORDYBAN who celebrate her Birthdays. May the Almighty God bless her with good health and salvation in Many Happy & Blessed Years of Life. Mnohaya I Blahaya Lita!
- ◆ BEQUESTS AND WILLS: In your kindness please remember St. George's parish in your bequests and wills. If anyone wishes to make such a bequest in their will, the following clause may be included or added to a will: "I give, devise, and bequeath to St. George Ukrainian Catholic Parish 2414 Vanier Dr, Prince George, BC V2N 1T7 the sum of \$ (or % of my estate), to be used for the benefit of the parish and it's pastoral activities."
- ♦ SUNDAY DONATIONS: NOVEMBER 6th \$480.00 NOVEMBER 13th \$795.00 NOVEMBER 20th \$555.35 Donation for Ukraine \$42.00 DEEPEST WORDS OF GRATITUDE to all those who continue financially supporting our parish.
- ◆ THE EMMANUEL MOLEBEN. A devotional service called the *Emmanuel Moleben* using the pre-festal hymns and scripture readings of the Nativity, emphasizing the message of preparation and the fulfillment of the Old Testament prophecies of the Messiah, helps us prepare for the coming feast. In our parish this service will be celebrated on this Wednesday at 9:00am.





♦ PILGRIMAGE TO THE HOLY LAND: It's a unique opportunity to explore the spiritual underpinnings of the Holy Land, , to get a profound experience, helping participants build a deeper and more grounded faith. Travel Date: March 2 - 10, 2023 Departure: Vancouver YVR Arrival: Vancouver YVR. Only Land package from \$1,890 per person in Double room Single supplement \$1,240 All prices are in Canadian Dollars based on Double/ Single occupancy. FOR MORE INFORMATION: Email: communications@uahelp.ca or Tel: 778-927-6436

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ON THE NATIVITY FAST: PHILIP'S FAST

Many people recognize Advent as the approach of Christmas. Advent is the title given to the four weeks prior to Christmas in the Latin rite of the Catholic church. But there is another tradition called the Nativity Fast which is a spiritual practice followed in Eastern Christian churches.

- It is a time set aside to spiritually prepare for the birth of our Lord Jesus Christ.
- The emphasis is reflecting on the mystery of the Incarnation of Jesus Christ.
- The Nativity Fast starts earlier than Advent. It begins the day after the feast of St. Philip on the Eastern Catholic liturgical calendar on November 15. This is how the fast became known by another title: Philip's fast. Either title is used.
- The fast period is a full 40 days corresponding to the full 40 days of the Great Lent fast.

The Nativity Fast anticipates a joyful event. It may be described as a joyful fast. Abstinence or fasting is suggested as a spiritual discipline, as an invitation and a response. It is our "yes" to being open to welcoming Christ.

- During the Nativity fast, the faithful may choose to abstain beyond what is normally required in the Byzantine Catholic church.
- The practice of <u>almsgiving</u> (providing and helping the poor) is advocated as equally important as the discipline of fasting.

Normal practice is that all Fridays unless designated on the liturgical calendar, are days Byzantine Catholics are required to abstain from meat without exception. During the Nativity fast the faithful may choose to abstain from meat on other days, such as Mondays and/or Wednesdays or perhaps abstain even more. This is a voluntary fast. What is important is that we not become anxious and focused on rules of fasting. We cannot equate the practices of faith for what really matters to God, what is in our hearts. We must guard against extremes of scrupulosity least we develop Pharisaical attitudes in which we consider ourselves more worthy than those who do less. We turn to Scripture for the wisdom in all that God teaches and values.

The Nativity fast calls us to be quietly joyful and reservedly expectant as well. It is a perfect time for contemplation. A time to prepare, not in an overwhelmingly secular manner. Our frame of reference should be as Christians and Catholics.

This is a time for us to ponder and give a little more thought to events unfolding: the role of Mary's obedience to the will of God and the anticipation of the birth of Jesus. We can contemplate the great love God has for us in humbly assuming human nature – the greater plan through which each of us is offered a share in eternal life.

The Nativity Fast is about the mystery of the Incarnation of Our Lord and Savior Jesus Christ, and its relevance to our personal redemption and salvation. It is a plan of God that began long ago as we read in Old Testament Scripture the hopes and promises of a Messiah.

Jesus is very patient. And in waiting we must also be patient. Hopeful expectation requires slowing down and acceptance of the wait. Keeping the intent of the Nativity fast can help us stay on track as Christians during a time when everything is moving in a frenzy. We can use our time and resources in ways different than what the culture wants us to do.

Yet, an ever growing and modern-day dilemma for all Christians is reserving time amid the busyness of shopping, decorating, and gathering with others, to reflect on what God wants for us. And that is a call to holiness. Often though, we find ourselves tempted and sidetracked towards more of what we want that is apart from God. Noise and distractions pull us in these other directions. This is the background static we habitually turn towards to avoid what we fear — changes in being open to all that a personal relationship with God may require. What God offers and asks from us in return is very different than what the culture we live in wants us to believe and offers. During this time of the Nativity fast, we can see how our Blessed Virgin Mary and Joseph responded in total faith to accept their call, to stay the course, a journey they had no knowledge of in advance.

The world may glorify a manufactured joy at this time of year, a joy without substance, but we can hold to our Christian beliefs in the midst of the secular disparity. We can follow tradition. We can celebrate the Glory of Our Lord at the exact time for celebration, beginning with our Christmas Vigil. Our joy becomes the "joy of the Gospel" — the kind expressed by the early disciples of Christ — a joy that is continued in our present age, in our discipleship as Christians now. In doing so, we affirmatively acknowledge that Christ's birth celebrated on Christmas Day is just the beginning. The Nativity of Jesus Christ is not merely one day event forgotten and thrown away with all the wrappings the day after, but a revelation leading to the greatest gift of all. One that God gifts to all who accept his Truth.

https://stmichaels by zantine.com/our-traditions/the-nativity-fast-philips-fast/